

# Salubritas: International Journal of Spirit-Empowered Counseling

---

Volume 1 *Inaugural Issue*

Article 2

---

2021

## Front Matter Salubritas 1 (2021)

Editors Salubritas

*Oral Roberts University*, [salubritas@oru.edu](mailto:salubritas@oru.edu)

Follow this and additional works at: <https://digitalshowcase.oru.edu/salubritas>

---

### Recommended Citation

Salubritas, Editors (2021) "Front Matter Salubritas 1 (2021)," *Salubritas: International Journal of Spirit-Empowered Counseling*: Vol. 1, Article 2.

DOI: <https://doi.org/10.31380/2771-1242.1001>

This Front Matter is brought to you for free and open access by the College of Theology & Ministry at Digital Showcase. It has been accepted for inclusion in *Salubritas: International Journal of Spirit-Empowered Counseling* by an authorized editor of Digital Showcase. For more information, please contact [digitalshowcase@oru.edu](mailto:digitalshowcase@oru.edu).

*Salubritas*

International Journal of  
Spirit-Empowered Counseling

Inaugural Issue (2021)

*Salubritas: International Journal of Spirit-Empowered Counseling*

Volume 1 (2021)

ISBN: 978-1-950971-18-3 for the current issue

Copyright © 2021 Oral Roberts University and Individual Author(s)

Published by the graduate Professional Counseling Program of the College of Theology and Ministry and the Behavioral Sciences Department of the College of Science and Engineering, Oral Roberts University

All rights reserved. To reproduce by any means any portion of this journal, one must first receive the formal consent of the publisher. To request such consent, write Salubritas Permissions – ORU COTM, 7777 S. Lewis Ave., Tulsa, OK 74171 USA. *Salubritas* hereby authorizes reproduction (of content not expressly declared not reproducible) for these non-commercial uses: personal, educational, and research, but prohibits re-publication without its formal consent.

Each issue is available at no cost for authorized uses at [www.DigitalShowcase.ORU.edu/salubritas](http://www.DigitalShowcase.ORU.edu/salubritas) and may be purchased in print using the “Buy” button at this site.

*Salubritas: International Journal of Spirit-Empowered Counseling* is published annually in Fall.

The journal is indexed through the Digital Commons ([https:// www.bepress.com/impact-analytics/](https://www.bepress.com/impact-analytics/)). Journal contents may be searched at [www.oru.edu/salubritas](http://www.oru.edu/salubritas) and through any web search engine.

Cover designer: ORU art alumna Lahyun Moon and Prof. Jiwon Kim

Composition: Sandra Kimbell

Views expressed in *Salubritas* are those of the contributors only. Their publication in *Salubritas* does not express or imply endorsement by Oral Roberts University.

# *Salubritas*

International Journal of  
Spirit-Empowered Counseling

## EDITORS

Andrea Walker, Senior Professor of Counseling

Ed Decker, Senior Professor of Counseling, retired

## ASSOCIATE EDITOR

Angela Watson, Professor of Psychology

## UNIVERSITY ADMINISTRATION

William M. Wilson, President

Kathaleen Reid-Martinez, Provost

Wonsuk Ma, Dean, College of Theology and Ministry

Kenneth Weed, Dean, College of Science and Engineering

The mission of the journal is to create and share unique knowledge to promote the wellness and wholeness (*salubritas*) of individuals and communities through counseling that occurs within the dynamic work of the life-giving Spirit to empower both counselors and counsees to live the fullness of life.

The journal publishes refereed manuscripts of research, theory, and practical approaches regarding the role of the Spirit in counseling. Some from a Christian tradition may refer to this specifically as the Holy Spirit, one component of the relational (Trinitarian) godhead that facilitates and embodies mechanisms of positive change which appear non-reductionistic. Individuals may incorporate diverse ways of knowing and interpreting the Spirit and its role in positive change, and the Spirit is collectively assumed to be at the center of such change. Further, individuals from various traditions may hold unique experiences of the Spirit in counseling, and the journal recognizes, celebrates and welcomes these voices. The purpose of this journal is thus to build bridges among faith traditions by increasing dialogue about experiences of the Spirit in counseling.

Find instructions for submitting articles and reviews for consideration at <http://DigitalShowcase.ORU.edu/salubritas/>. This site receives all submissions leading to publishing decisions.

Other correspondence (not related to submissions or subscriptions) is welcomed at [salubritas@oru.edu](mailto:salubritas@oru.edu) or by writing to

Salubritas  
College of Theology & Ministry  
7777 S. Lewis Ave.  
Tulsa, OK 74171 USA

# CONTENTS



## Editorial

A New Venture!

*Andrea C. Walker, Edward E. Decker, Jr., and Jeffrey S. Lamp* ..... 1

## Essays

The Spirit, Change, and Healing

*Edward E. Decker, Jr. Bill Buker, Jeffrey S. Lamp* ..... 7

Expanding God's Redemptive Fractal

*Bill Buker* ..... 29

How Jesus Communicates #Metoo

*Pamela F. Engelbert* ..... 55

Counseling in the Already, Not Yet

*Haley French* ..... 79

Breaking Depression's Silence within the Church through Friendships

*Robert D. McBain* ..... 103

The Holy Spirit the Ultimate Counselor and Transformer  
for Healing and Wholeness

*Karuna Sharma* ..... 117

Spiritual Struggle and Spiritual Growth of Bereft College Students  
in a Christian Evangelical University

*Melinda G. Rhodes and Andrea C. Walker* ..... 129

## Reviews

Wonsuk Ma and Kathaleen Reid-Martinez. *Human Sexuality & the Holy Spirit: Spirit-Empowered Perspectives.*

Robert D. McBain ..... 157

Robert D. McBain. *Depression, Where is Your Sting?*

Cletus L. Hull, III ..... 159

ORAL ROBERTS UNIVERSITY

**WHOLE  
LEADERS**

**FOR  
THE  
WHOLE  
WORLD**



**ORU**

ORAL  
ROBERTS  
UNIVERSITY

**Do you want to become part of something more?**

At Oral Roberts University, we believe that our students were born to be leaders who impact the world. ORU students represent all 50 states and over 106 nations. They are visionaries and world-changers who become equipped through our whole-person approach to education, graduating empowered to invest in the world around them.

Take your next step with ORU today by applying at [apply.oru.edu](http://apply.oru.edu)!

**>> Apply today! [apply.oru.edu](http://apply.oru.edu) >>**