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The mission of the journal is to create and share unique knowledge to promote the wellness and wholeness (salubritas) of individuals and communities through counseling that occur within the dynamic work of the life-giving Spirit to empower both counselors and counselees to live the fullness of life.

The journal publishes refereed manuscripts of research, theory, and practical approaches to the integration of Christianity and counseling. To this end, and distinctively, the journal welcomes academic scholarship that considers the redemptive work of the Holy Spirit in or related to the practice of counseling. Individuals may incorporate diverse ways of knowing and interpreting the Spirit and its role in positive change, and the Spirit is collectively assumed to be at the center of such change. Further, individuals from various traditions may hold unique experiences of the Spirit in counseling, and the journal recognizes, celebrates, and invites these voices. The purpose of this journal is thus to build bridges among Christian traditions by increasing dialogue about experiences of the Spirit in counseling.

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